BEFORE THE VIRGINIA BOARD OF NURSING

IN RE:

KATORA REGINA TIMBERLAKE WALKER, C.N.A. REINSTATEMENT

APPLICANT

Certificate Number: 1401-112947

Case Number:

178363 & 181998

ORDER

JURISDICTION AND PROCEDURAL HISTORY

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), a Special Conference Committee of the Virginia Board of Nursing ("Board") held an informal conference on October 3, 2017, in Henrico County, Virginia, to receive and act upon Katora Walker's application for reinstatement of her certificate to practice as a certified nurse aide in the Commonwealth of Virginia and to inquire into evidence that Ms. Walker may have violated certain laws and regulations governing the practice of certified nurse aides in the Commonwealth of Virginia.

Katora Regina Timberlake Walker appeared at this proceeding and was not represented by legal counsel.

NOTICE

By letter dated September 12, 2017, the Board sent a Notice of Informal Conference ("Notice") to Ms. Walker notifying her that an informal conference would be held on October 3, 2017. The Notice was sent by certified and first class mail to the legal address of record on file with the Board.

Upon consideration of the evidence, the Committee adopts the following Findings of Fact and Conclusions of Law and issues the Order contained herein.

FINDINGS OF FACT AND CONCLUSIONS OF LAW

Katora Regina Timberlake Walker was issued Certificate Number 1401-112947 to 1. practice as a certified nurse aide on February 4, 2006, which expired on February 28, 2017.

- 2. On July 12, 2017, the Board received Ms. Walker's application to reinstate her certificate to practice as a certified nurse aide.
- 3. Ms. Walker violated Virginia Code § 54.1-3007(6) in that she is unsafe to practice as a nurse aide due to substance abuse and/or mental and/or physical illness, as evidenced by the following:
- a. On December 28, 2016, she was admitted to Tucker Pavilion, Chippenham Johnston-Willis Hospital, Richmond, Virginia, where she was diagnosed with depressive disorder, not otherwise specified, and anxiety disorder, not otherwise specified.
- b. In December 2011, she was admitted to the emergency department of Southside Regional Medical Center for treatment of depression.
- c. On her application for reinstatement of her certificate to practice as a nurse aide, Ms. Walker answered "yes" to the question asking whether she had a mental, physical, or chemical dependency condition which could interfere with her current ability to practice as a nurse aide.
- 4. During the informal conference, Ms. Walker said she agreed with the allegations as set forth in Finding of Fact/Conclusion of Law No. 3.
- 5. Ms. Walker stated that she recently started seeing a provider at Community Hospital Behavioral Health. Prior to that Ms. Walker was seeing Dr. Vasu, a mental health provider with Southside Psychiatric.
- 6. Ms. Walker is prescribed citalopram 40 mg for depression, as well as Vistaril and trazodone for anxiety.
- 7. Ms. Walker worked for Hand and Heart for approximately one year, and worked for Right At Home Care up until this past summer. She is currently working at Interim Healthcare part time as a patient care assistant.
- 8. Ms. Walker stated that she continues to use marijuana to relax, and said she had used marijuana as recently as two days prior to the informal conference.

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9. Ms. Walker indicated on multiple occasions during the hearing that she has memory

issues and stated she had an admission within a week and a half for a stroke at Chippenham Hospital.

10. Ms. Walker has not demonstrated that she is safe and competent to practice as a certified

nurse aide.

ORDER

Based on the foregoing Findings of Fact and Conclusions of Law, the Virginia Board of Nursing

hereby ORDERS as follows:

1. The application of Katora Regina Timberlake Walker for reinstatement of her certificate

to practice as a certified nurse aide is DENIED. Should she petition the Board for reinstatement of her

certificate, an administrative proceeding will be convened to determine whether Ms. Walker is able to

return to safe and competent practice as a certified nurse aide. Ms. Walker shall be responsible for any

fees that may be required for the reinstatement and/or renewal of the certificate prior to issuance of the

certificate to resume practice.

Pursuant to Virginia Code §§ 2.2-4023 and 54.1-2400.2, the signed original of this Order shall

remain in the custody of the Department of Health Professions as a public record, and shall be made

available for public inspection and copying upon request.

FOR THE BOARD

Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E.

Executive Director

Virginia Board of Nursing

ENTERED AND MAILED:

November 17 2017

Certified Trans Copy

Virginia Board of Nursing

1600-2

NOTICE OF RIGHT TO APPEAL

Pursuant to Virginia Code § 54.1-2400(10), Ms. Walker may, not later than 5:00 p.m., on December 20, 2017, notify Jay Douglas, MSM, RN, CSAC, FRE, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated. This Order shall become final on December 20, 2017, unless a request for a formal administrative hearing is received as described above.